



VANDANA

4213 Accomack Drive, Louisville. KY 40241
Ph : (502) 429-8888 | contactus@htky.org

Oct-Dec 2024

From the Board Chairman

Dear Friends and Devotees,

As we close out 3rd quarter of 2024, we reflect on an incredible quarter filled with larger, vibrant events representing the cultural richness of India. From the Ganesh Chaturthi celebrations to ongoing grand Navratri festivities, our temple has become a hub for spiritual and cultural gatherings, and the overall engagement from the community has been heartwarming.



The increased participation across all events is a testament to the growing sense of unity within our temple. This success would not have been possible without the dedication of our board members, committee members, volunteers, priests, and staff. We thank you all for working together to make our temple a thriving spiritual center.

We are proud to announce that our Priest Sriman Rajendra Joshi has been honored by World Hindu Council of America for his significant and sustained contributions to the Hindu community in North America. His spiritual leadership has been a blessing, and we are fortunate to have him guide us on our spiritual journeys. Please join us in congratulating Sriman Rajendra Joshi for this much-deserved recognition.

We are excited to share that, starting soon, we will be transitioning to a new Temple Management System to address some of the challenges we currently face, including donation management and other administrative processes. This new system will enhance transparency, eliminate manual processes, and improve communication with our devotees. In addition, it will offer kiosk and mobile app functionalities, making interactions with the temple more seamless and efficient for everyone.

As we continue to see growth, we are committed to scaling our operations to meet the needs of our community. We look forward to your continued support as we embark on this exciting new chapter.

Wishing everyone peace and prosperity for the coming months. Thank you once again for your continued support and dedication. May the blessings of the divine continue to guide and protect us all.

*With heartfelt gratitude,
Purna Veer
Chair, Board of Regents*

Daily parayanam Schedule

Sunday 10.00 am - Rudram & Chamakam
Monday 6.30 pm - Rudram & Chamakam
Tuesday 6.30 pm - Lalitha Sahasranamam
Tuesday 7.15 pm - Skanda Shasthi Kavacham
Wednesday 6.30 pm - Achyutashtakam, Madhurashtakam
Thursday 6.30 pm - Ganesha Atharvaseersham
Friday 6.30 pm - Sri Ashtalakshmi Sthotram
Saturday 9.00 am - Suprapatham, Vishnu Sahasranamam

COMMUNITY CALENDAR

Puja

Oct

Oct 03 Thursday - Devi Navratri Begins
Oct 04 Friday - Devi Jagran
Oct 06 Sunday - Sunderkand Path
Oct 09 Wednesday - Saraswati Aahawanam
Oct 10 Thursday - Durga Ashtami
Oct 11 Friday - Maha Navami
Oct 12 Saturday - Vijaya Dashami / Dussehra
Oct 13 Sunday - Bathukamma
Oct 16 Wednesday - Purnima
 (Shri Satyanarayana Katha Puja)
Oct 20 Sunday - Karva Chouth
Oct 29 Tuesday - Pradosham
 (Lord Shiva Abhishekam)
Oct 29 Tuesday - Dhan Teras
Oct 31 Thursday - Deepavali / Diwali

Nov

Nov 01 Friday - Annakut / Govardhan Puja
Nov 02 Saturday - Temple Diwali Celebrations
Nov 04, 11, 18, 25 Mondays - Karthik Maas Somwar
Nov 07 Thursday - Skanda Shashti
Nov 09 Saturday - Sahasra lingarchana
Nov 10 Sunday - Subramanya Kalyanotsavam
Nov 12 Tuesday - Tulsi Vivah
Nov 28 Thursday - Pradosham
 (Lord Shiva Abhishekam)
Nov 15 Friday - Purnima
 (Shri Satyanarayana Katha Puja)

Dec

Dec 11 Wednesday - Geeta Jayanti
Dec 13 Friday - Karthikai Deepam
Dec 14 Saturday - Purnima
 (Shri Satyanarayana Katha Puja)
Dec 25 Wednesday - Balaji Kalyanotsavam
Dec 27 Friday - Pradosham
 (Lord Shiva Abhishekam)

Sponsorship

Monthly Abhishekam 2023

>>>

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Annual Abhishekam 2024

>>>

[Click here](#)

Schedule: *subject to change depending on circumstances.

1st	Sunday	10:00am	Ganesh
1st	Monday	06:00am	Shiva
1st	Tuesday	09:30am	Durga
1st	Friday	09:00am	Saraswathi
1st	Saturday	10:00am	Balaji
2nd	Tuesday	09:30am	Navagraha
2nd	Friday	09:30am	Lakshmi
2nd	Saturday	09:30am	Subramanya
2nd	Sunday	10:00am	Rama
3rd	Friday	09:30am	Bhudevi
3rd	Saturday	11:00am	Anjaneya
3rd	Sunday	05:30pm	Ambaji
4th	Tuesday	09:30am	Visalakshi
4th	Sunday	10:00am	Krishna

Garland Sponsorships

Balaji/Shiva/Ganesha	All Other Deities
Yearly: \$2500	Yearly: \$1250
Monthly: \$250	Monthly: \$125
Weekly: \$75	Weekly: \$40

>>>

[Click here](#)

Event Highlight:

Oct Vijaya Dashami / Dussehra - **Oct 12 Saturday**
Oct Deepavali / Diwali - **Oct 31 Thursday**
Nov Temple Diwali Celebrations - **Nov 02 Saturday**
Dec Balaji Kalyanotsavam - **Dec 25 Wednesday**

August



Sri Maha Lakshmi Laksha Kumkumarchana:

Kumkum Puja was performed with silver Lakshmi coins, conducted by 120 Sumangalis.

Sri Rajendra Joshi and Sri Srinivasa Kannan chanted 1008 names of Sri Maha Lakshmi and performed the Sri Lalitha Sahasranamam.

September

Paryushan – Jain Group:

The Jain group celebrated Paryushan at the temple during the first week of September.

Ganesh Chaturthi:

The celebrations were eye-catching with the Louisville Marathi Mandal Dhol Thasha.



October



Navaratri Celebrations (October 3rd – 12th):

Daily kumkum puja was performed by devotees while chanting the Lalitha Sahasranamam and Trishati. Daily Chandi Parayan was conducted by Sri Rajendra Joshi with Durga Abhishekam in the morning, followed by Garba and Bhajans in the evening.

Devi Jagaran: October 4th

Sunderkand Path: October 6th

Navaratri concluded on October 12th with the Maha Chandi Havan, performed by Sri Srinivasan Kirthivasan, special guest priest, along with Sri Rajendra Joshi and Sri Srinivasan Kannan.

Note: Chandi Havan was performed for the first time at HTKY. This sacred fire ritual is dedicated to Goddess Chandi, the fierce and powerful form of Goddess Shakti, representing primordial energy responsible for creation, sustenance, and destruction of the cosmos. Worshipping the Mother of the Universe through the Havan helps to dispel evil, curses, and obstacles, while bestowing lasting health, wealth, and prosperity.



Diwali Celebrations @ HTKY

Saturday 2nd Nov 2024

Schedule

- 10:00 am Balaji Abhishekam(Monthly)
- 4:00 pm Cultural show case
- 5:00 pm Hindu School Show case
- 6.00 pm Lakshmi Puja
- 6.30 pm Board report
- 7.30 pm Aarthi
- 7:45 pm Fireworks Display

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Only Temple Sponsored fire works allowed. Individuals are strictly prohibited from bringing and bursting fireworks

Questions: Poojacommittee@htky.org
(502-429-8888) Option 2

PARK YOUR VEHICLES IN DESIGNATED AREAS
KEEP AN EYE ON YOUR CHILDREN

Sponsorship links for the Diwali Celebrations

>>> [Click here](#)

>>> [Click here](#)




Sahasra Lingarchana

Saturday, 9th November 2024

Sahasra Lingarchana is a unique vedic ritual to worship lord Siva in the name of "Uma Pardhiveswara Swamy". It is performed by making 1,116 mruthika siva lingas also called as Parthiva lingas that are made out of well prepared and sanctified clay. All these siva lingas are arranged in the form of Kailasa prasthara yantram which is a depiction of Siva Kailasam with 16 avaranas and 1,116 Rudra swaroopas. Siva Shakti is invoked into each Siva lingam thru vedic mantras and beejaksharas during Shodasa Aavarana puja and worshiped with great devotion and bhakti to seek the blessings of Sri Uma Pardhiveswara Swamy for health, wealth, prosperity, bliss and ultimate mukthi.

10:00 am to 10:15 am
Devotees to be seated in the
order of registration

10:30 am to 12: 15 pm
Lingarchana by devotees
followed by Aarthi.

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Questions: Poojacommittee@htky.org
 (502-429-8888) Option 2

Karthika Maas Special:**Sahasra Linga Archana: November 9th**

Join us for the auspicious Sahasra Linga Archana in Karthika Maas, a sacred ritual offering 1,000 lingas in devotion and reverence.

>>> [Click here](#)

This event provides a beautiful opportunity for spiritual growth and communal worship, performed by Sriman Rajendra Joshi along with Sri Srinivasan Kannan and Sri Subramanya Sharma.

Vijaya Dashami



The story of Dussehra is about the victory of Lord Rama over the demon king, Ravana. Lord Rama's consort, Sita was abducted by the ten headed demon king Ravana, who took her to his kingdom in Lanka. Rama asked Ravana to release Sita, however he refused, leading to war. Rama traveled to Lanka with his brother, Lakshmana, Lord Hanuman, King Sugriva and his army of monkeys. After a long battle, Lord Rama slayed Ravana and freed Sita.

Dussehra is celebrated on the tenth day of the battle, which marks the victory of good over evil. People celebrate this day by burning the effigies of Ravana, and hindu families come together to worship and partake sweets and enjoy festive foods. The name Dussehra comes from the Sanskrit, Dash ("ten") and hara ("defeat"). Congregation of HTKY celebrates this festival each year with great joy and merriment.





World Hindu Council of America

(Vishwa Hindu Parishad of America, Inc.)

Office of the General Secretary

200 New Bond St., Sugar Grove, IL 60554-9171

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Shri Shagun Singh
Hindu Temple of Kentucky
4213 Accomack Dr
Louisville, KY 40241

September 20, 2024

Dear Sir/Madam,

Namaste. We are very pleased to inform you that 11th Hindu Mandir Priests' Conference (HMPC) will be conducted alongside 18th Hindu Mandir Executives Conference (HMEC) in Morrisville, NC on Sep 27 – Sep 29, 2024. The objective of the HMPC is sustainability and advancement of Sanatana Dharma. The conference will serve as a venue for continued dialogue of all issues related to Priests, Temple Management and Devotees. Since the Hindu Community of North America is diverse, we will strive to find commonality and promote consistency based on Vedic Scriptures.

During the conference, we will continue the tradition of honoring priests who have made significant and sustained contributions to the Hindu community in North America, by conferring the title of **Archaka Bhushana**. Among the priests selected for this honor is **Sriman Rajendra Joshi** from Hindu Temple of Kentucky, Louisville, KY. On behalf of the Hindu community in North America, it is our honor to confer this title on **Sriman Rajendra Joshi**. We request the presence of **Sriman Rajendra Joshi** at the conference to personally receive the honor. We feel confident that his presence and comments will serve as an inspiration to the Hindu community and particularly to the next generation of priests.

We also take this opportunity to invite the priests and management from your Temple to attend and participate in the conference. You can find more details at: <https://hmec.info/hmec2024/>. You will also find conference brochure and the registration form for the event at the above link. Please note that the award will be conferred only through in person attendance in the conference and will not be sent via email or via a virtual ceremony.

If you need any additional information, please feel free to contact: Laxmi Bhamidipati, Convener, HMPC at (346) 814-6821 or Tejal Shah, Convener, HMEC at (201) 757-849.

We look forward to welcoming you to our Temple and to your participation in this conference.

With warm regards,

Laxmi Bhamidipati
Convener, HMPC 2024

Tejal Shah
Convener, HMEC 2024

50 Years of Service to the Community

National Office: VHP of America, 200 New Bond Street, Sugar Grove, IL 60554-9171

www.vhp-america.org / (732) 744-0851 Tax ID 51-0156325



Early to bed and early to rise makes a man healthy, wealthy and wise.

– Benjamin Franklin



Centuries before Benjamin Franklin quoted as such, the Science of Ayurveda had clearly established the benefits of rising early. Ayurveda or the study of life, (ayur=life; veda=study), is a holistic system of medicine and practice lifestyle that originated in India. Ayurveda continues to be an integral arm of healing practices even today.

Many of us have heard our parents and elders encourage us to wake up early in the morning. They insist that early morning is the best time to study, to improve focus and concentration. Today, we know from research that waking up between 4 and 6 am, in addition to improving focus and concentration, also helps develop discipline, and minimize depression, anxiety, and negativity.

For many people, just the thought of getting out of bed before the sun rises dampens their mood. However, Ayurveda recommends waking up in Brahmanuhurt, which is roughly 90 minutes before sunrise. This is roughly between 4 and 6 a.m., and is said to be a time-tested way to curb negative thinking and depression, align with nature and increase mental clarity and positive thinking.

Yogic practitioners, sages, saints and followers of Ayurvedic traditions have long regarded the early morning as spiritually charged and a time to connect with the elements of nature. For example, performing Surya Namaskar venerating the Sun God, practicing Pranayama and regulating your breath, cleansing with a bath in a body of water or in modern times just taking a shower are all morning routines frequently seen in an Indian household.

What our sages, seers, and elders practiced as a lifestyle is now backed up by modern research. Today, research suggests there are many benefits of waking up early which include mental clarity, regulated digestion, increased energy, better sleep, improved mindfulness, reduced stress and balanced hormones which in turn make for a happy, healthy and wealthy life.

We invite you to try this for yourself and see how it works for you. If you are accustomed to rising after 6 a.m., try by waking up just 15 minutes earlier than your routine until you are able to wake up at 6 a.m. or just a little earlier. Other than the practical advantage of giving yourself additional “me” time, assess its benefits for yourself. In time, perhaps this will also motivate you to sleep earlier and improve your sleep quality.

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Household collections Chair

Thirumalai Ponnappan
Household collections Co-Chair

Temple Timings

Weekdays

9:00 AM – 11:00 AM

5:30 PM – 08:30 PM

Saturday & Sunday

9:00 AM – 02:00 PM

3:00 PM – 08:30 PM

Questions

poojacommittee@HTKY.org
Contactus@htky.org

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